



WORK SHOPS

Parenting Together offers various workshops throughout the year.

Topics include:

- Self-care
- Substance Abuse
- Understanding IEPs
- Preparing for Back to School



Who We Are: NFI Massachusetts has joined forces with Wayside Youth and Families through The Department of Mental Health to provide support to families free of charge.

Group Facilitators

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Program Supervisor

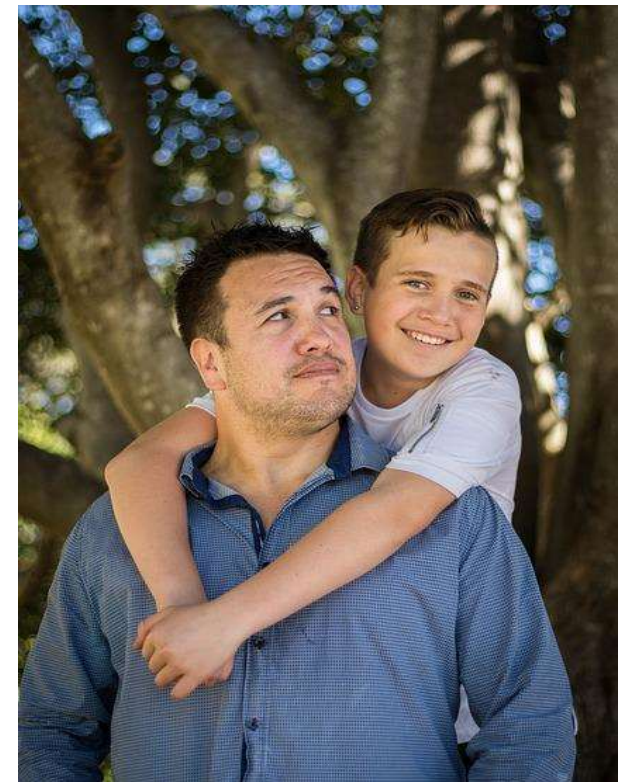
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**NFI
Massachusetts
Parenting
Together Online
Support Groups**



NFI Massachusetts
Parenting Together Online
Support Groups

*Join us and get
connected*

Group Descriptions

Parent/Caregiver Group

This group is open to any Parent or Caregiver that is facing the challenges associated with parenting a child with significant needs. Parents do not need to be referred by a provider. This support group is a safe place to ask questions or just vent. If group facilitators don't have the answer they will get it for you.

Adoption Support Group

Families with children in any stage of the adoption process are welcome to attend. Topics are based on the needs of the group.

Father's Support Group

A group for Fathers to be able to engage with other fathers that have challenges or face struggles in parenting or co-parenting their children.

Grandparents Raising Grandchildren

This is a group that helps grandparents support each other. In this group, we discuss challenges that you might face and share the joys you have raising your grandchildren.

"Don't be shy! No cost for these support groups"

Autism Group

Educating and assuring Resiliency in Our Parenting. This group is design to engage and supporting Parents that are having challenges and meet other parents with same challenges and share resources for Youth in need of other agencies as well.

ARC: Attachment, Regulation & Competency

Educating and assuring Resiliency in Our Parenting

Group Schedule

Monday

10-11 am Grandparents Raising Grandchildren

4-5 pm Grandparents Raising Grandchildren

6-7:30 pm Parent/Caregiver

Tuesday

10-11:30 am Parent/Caregiver

5-6:00 pm ARC: Attachment, Regulation & Competency

Wednesday

4-5:00 pm Adoption Support

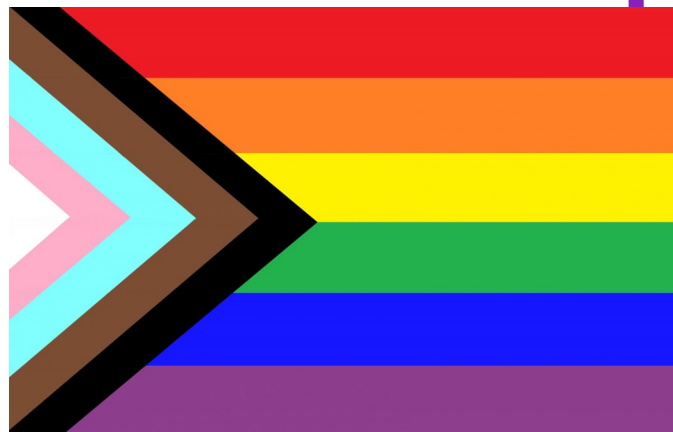
6-7:30 pm Autism Support

6:30 -8:00 pm Father's Support

Thursday

6-7:30 pm Parent/Caregiver

NFI Parenting Together *presents*



"Understanding the Rainbow"

Helping caregivers support family members in the
LGBTQA+ Community.

Date: January 24, 2023

Time: 6:30 –7:30 pm

Location: Gotomeeting

Contact: Suzanne Genovese

978-766-2248

suzannegenovese@nafi.com

Join us!

JAN

2023

SUN	MON	TUE	WED	THU	FRI	SAT
01 *Grandparents Raising Grandchildren 10-11am	02	03	04 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	05	06	07
08 *Grandparents Raising Grandchildren 10-11am	09 Lifting Woman's Voices 4-5:30 Maddy and Kayla	10	11 Finance Freedom Workshop 12-2	12 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	13	14 Walk-Ins 10-2 Appointment Only
15 CLOSED	16	17	18 *Active Parenting of Teens 4:30- 5:30 Kayla	19 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	20	21
22 *Grandparents Raising Grandchildren 10-11am Active Parenting 1-4 Audrey	23 Lifting Woman's Voices 4-5:30 Maddy and Kayla	24	25 *Active Parenting of Teens 4:30- 5:30 Kayla	26 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	A.T.T.E.N.D.S 11-12 Audrey	
29 *Grandparents Raising Grandchildren 10-11am	30	31	01 *Active Parenting of Teens 4:30- 5:30 Kayla	02 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	03	04
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