

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Eat something from each color of the rainbow.	Sing two songs.	Count the door knobs in your home.	Play "I spy."	List four things taller than your house.	Go to the library for some new books.	Practice tying shoes.
Say the alphabet.	Say the days of the week.	Play a card or board game that involves taking turns.	Tell someone five things you like about yourself.	Cut a magazine picture into several pieces. Put it back together.	Write the names of five animals that live in a zoo.	Name the four seasons. Draw a summer picture.
Recite the nursery rhyme "Jack and Jill."	Tell a funny story.	Draw a picture using 3 circles, 2 squares, and 1 triangle.	List all the ocean animals you can.	Say your name and address two times.	Count the total number of eyes on people in your house.	Visit a museum.
Jog in place for two minutes. Feel your heart beating.	Read a book to someone by describing the pictures.	Finish this sentence: My family is important because...	Name ten things smaller than you are.	Name the colors in a rainbow. Draw one.	Make a sandwich. Cut it in half, then in fourths.	Balance on one foot for as long as you can. Then balance on the other foot.
Pretend you are going camping. Tell someone all the things you would take.	Count from 1 to 15.	Do five sit-ups. Do ten jumping jacks.	Set the table. Count the total number of items on the table.	Take a walk outside. Collect ten objects and make a design from them.	Say the months of the year.	Count all the lamps in your home.